

## 12<sup>th</sup> DDCRS

### Pelvic Floor & Functional Disorders 'Delivery a world class pelvic floor service' Thursday 9th January 2025 Bush House, King's College London, WC2R 2LS

**08:30 - 09:00**    **Welcome**

**08:30 - 08:40**    **Introductory Lecture Pelvic Floor Conditions: The Big Picture**

**08:40 - 09:10**    **DEBATE Session I:** This house believes that the anal sphincter is the most important organ for continence. I differ – it's the rectum

**09:10 - 10:30**    **Diagnostics in pelvic floor assessments 10/15 mins talks**

- Anorectal manometry – which patients and what technique
- Decline of the barostat – what does this mean in clinical practice
- Transperineal ultrasound – is this the future?
- Why we need a standardized approach – The London protocol and classification
- Discussion

**10:30 - 11:00**    **DEBATE SESSION II:** MRI defecography versus of fluoroscopic in assessing ODS/prolapse. My way is the best.

**11:00 - 11:30**    **Coffee Break**

**11:30 - 12:45**    **Rethinking treatment for faecal incontinence**

- Faecal incontinence a standard algorithmic approach.
- Optimising and refining operative techniques for Sacral Nerve Stimulation (SNS) for Faecal Incontinence
- Gatekeeper, Sphinkeeper & injectables - Minimally invasive surgical treatment of faecal incontinence. Where do they fit?
- Emerging and Experimental Therapies: What the Future Holds. Suggest speaker.
- Discussion

**12:45 - 13:15** **DEBATE SESSION III:** Pelvic Organ Prolapse Suspension (POPS) versus ventral rectopexy for Obstructed Defecation Syndrome (ODS)

**13:15 - 13:45**    **Sponsors Session**

**13:45 - 14:45**    **Lunch**

**14:45 - 16:30**    **More on the pelvic floors (ODS & OASIS)**

- Patient to avoid for obstructed defecation syndrome (ODS)/prolapse surgery
- Rectocele repair – From a colorectal and gynaecological perspective
- Does a missed obstetric anal sphincter injury at time of delivery affect short-term functional outcome
- Appropriate surgical repair of 3rd and 4th degree perineal lacerations and post-operative management
- New perspectives for a reliable early detection and repair to improve outcome OASIS
- Discussion

**16:30 - 18:00**    **Functional Problems after Cancer Treatment**

- Functional consequences of colon cancer treatment
- Low Anterior Resection Syndrome - Incidence, severity and pathophysiology.
- Low Anterior Resection Syndrome - Treatment options which work and those that don't work?
- Sexual & urinary dysfunction following multidisciplinary treatment for rectal cancer - is there hope for our patients?
- Discussion

**18:00**    **Close**