| | | | | ICIQ | -LUT | Sqol (| 8/04 | | | | | | | |
|-----------|---------------------------------------|-----------------------|---------|--------|--------|---------|--------|--------|--------|--------|-------------------|--------------|--------|-------------------|
| Initial n | umber | | | COI | NFID | ENTI | ΑL | | | ι | DAY | MOI Today | | YEA : e |
| Quali | ty of life | | | | | | | | | | | | | |
| | are some daily ac n affect you? We | | | | | | | | | | | | | |
| | uld be grateful if ye, over the PAST | | | the fo | llowir | ng qu | estio | ns, th | ninkin | g abo | out how | you ha | ve be | en, on |
| 1. | Please write in | your date (| of birt | h: | | | | | | | | | | |
| | | | | | | | | | D | ΑY | МС | NTH | YE | AR |
| 2. Ar | e you (tick one): | | | | | | | | Fem | ale | | Male | 9 |] |
| 3a. | To what extent shopping, etc.) | • | urina | ry pro | blem | affe | ct yo | ur h | ouse | hold | tasks (| (e.g. cle | aning | ļ, |
| | | | | | | | | | | | | not at al | I | 1 |
| | | | | | | | | | | | | slightly | / | 2 |
| | | | | | | | | | | | mo | derately | / | 3 |
| | | | | | | | | | | | | a lo | t | 4 |
| 3b. | How much doe Please ring a nu | | | not at | all) a | and 1 | 0 (a g | great | deal) |) | | | | |
| | | 0 1 not at all | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 a gr | eat dea | | |
| 4a. | Does your urin | ary probler | n affe | ct you | ır job | o, or y | our/ | norn | nal da | aily a | ctivitie | s outsi | de the |) |
| | nome? | | | | | | | | | | | not at al | ı | 1 |
| | | | | | | | | | | | | slightly | | 2 |
| | | | | | | | | | | | mo | derately | , | 3 |
| | | | | | | | | | | | | a lo | | 4 |
| 4b. | How much doe Please ring a nu | | | | all) a | and 1 | 0 (a g | great | deal) |) | | | | J . |
| | | 0 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | |
| | | not at all | | | | | | | | | a gr | eat dea | | |
| | | | | | | | | | | | | | | |

| 5a. | Does your uring sport, gym, et | • • | affect | t you | ır ph | ysica | l act | ivitie | es (e.g | . go | ing for a walk, run, |
|------------|---|---|----------------------------------|-------|----------|------------|-------------|------------|------------|------|--------------------------------------|
| | | · | | | | | | | | | not at all 1 |
| | | | | | | | | | | | slightly 2 |
| | | | | | | | | | | | moderately 3 |
| | | | | _ | | | | | | | a lot 4 |
| 5b. | How much do <i>Please ring a n</i> | | | | t all) i | and 1 | 0 (a g | great | deal) | | |
| | | 0 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | not at all | | | | | | | | | a great deal |
| 6a. | Does your uri | nary problem | affect | t you | ır ab | ility t | o tra | vel? | | | |
| | | | | | | | | | | | not at all 1 |
| | | | | | | | | | | | slightly 2 |
| | | | | | | | | | | | moderately 3 |
| 6b. | How much do | as this bathar | · vous | • | | | | | | | a lot 4 |
| OD. | Please ring a n | umber betwee | you : n 0 (n | ot at | t all) i | and 1 | 0 (a g | great | deal) | | |
| | | 0 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | not at all | | | | | | | | | a great deal |
| | | | | | | | | | | | |
| 7a. | Does your uri | nary problem | limit | your | SOC | ial lite | 9? | | | | not at all |
| | | | | | | | | | | | slightly 2 |
| | | | | | | | | | | | moderately 3 |
| | | | | | | | | | | | a lot 4 |
| 7b. | | | | , | | | | | | | a 101 1 4 |
| | How much do | | | | | | | | | | a lot 4 |
| | How much do Please ring a n | umber betwee | n 0 (n | ot at | | | | | | | |
| | | number betwee 0 1 | n 0 (n | | | and 1 5 | 0 (a g 6 | great 7 | deal) 8 | 9 | 10 |
| | | umber betwee | n 0 (n | ot at | | | | | | 9 | |
| 8a. | | number betwee 0 1 not at all | n 0 (n 2 | ot at | 4 | 5 | 6 | 7 | 8 | | 10 |
| 8a. | Please ring a n | number betwee 0 1 not at all | n 0 (n 2 | ot at | 4 | 5 | 6 | 7 | 8 | | 10 |
| 8a. | Please ring a n | number betwee 0 1 not at all | n 0 (n 2 | ot at | 4 | 5 | 6 | 7 | 8 | | 10 a great deal |
| 8a. | Please ring a n | number betwee 0 1 not at all | n 0 (n 2 | ot at | 4 | 5 | 6 | 7 | 8 | | a great deal not at all1 |
| | Please ring a n | number betwee 0 1 not at all nary problem | n 0 (n 2 Iimit | ot at | 4 | 5 | 6 | 7 | 8 | | not at all 1 slightly 2 |
| 8a. 8b. | Please ring a n | number betwee 0 1 not at all nary problem es this bother | n 0 (n 2 limit y | ot at | 4 · abil | ity to | 6 see/ | 7 visit | friend | | not at all 1 slightly 2 moderately 3 |
| | Please ring a n | number betwee 0 1 not at all nary problem es this bother | n 0 (n 2 limit y n 0 (n | ot at | · abil | ity to | 6 see/ | 7 visit | friend | | not at all 1 slightly 2 moderately 3 |

| 9a. | Does your urinary problem affect your relationship with yo | our par | tner? |
|--------------|--|--------------------|---|
| | | | not applicable 8 |
| | | | not at all 1 |
| | | | slightly 2 |
| | | | moderately 3 |
| | | | a lot 4 |
| 9b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de | eal) | |
| | | 8 9 | 10 |
| | not at all | | a great deal |
| | | | |
| 10a. | Does your urinary problem affect your sex life? | | |
| | | | not applicable 8 |
| | | | not at all 1 |
| | | | slightly2 |
| | | | moderately 3 |
| | | | a lot 4 |
| 10b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de | aa/) | |
| | | 8 9 | 10 |
| | not at all | 0 9 | a great deal |
| | | | J |
| | | | |
| 11a. | Does your urinary problem affect your family life? | | |
| 11a. | Does your urinary problem affect your family life? | | not applicable 8 |
| 11a. | Does your urinary problem affect your family life? | | not applicable 8 |
| 11a. | Does your urinary problem affect your family life? | | ·· <u>=</u> |
| 11a. | Does your urinary problem affect your family life? | | not at all 1 |
| 11a. | Does your urinary problem affect your family life? | | not at all 1 slightly 2 |
| 11a. 11b. | How much does this bother you? | 22/) | not at all 1 1 slightly 2 moderately 3 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de | | not at all 1 1 slightly 2 moderately 3 a lot 4 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de | <i>eal)</i> 8 9 | not at all 1 1 slightly 2 moderately 3 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de 0 1 2 3 4 5 6 7 8 | | not at all 1 1 slightly 2 moderately 3 a lot 4 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de 0 1 2 3 4 5 6 7 8 | | not at all 1 1 slightly 2 moderately 3 a lot 4 |
| 11b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de 0 1 2 3 4 5 6 7 8 not at all | | not at all 1 1 slightly 2 moderately 3 a lot 4 |
| 11b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de 0 1 2 3 4 5 6 7 8 not at all | | not at all 1 1 slightly 2 moderately 3 a lot 4 |
| 11b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de 0 1 2 3 4 5 6 7 8 not at all | | not at all 1 1 slightly 2 moderately 3 a lot 4 4 10 a great deal 1 |
| 11b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de 0 1 2 3 4 5 6 7 8 not at all | | not at all 1 1 slightly 2 moderately 3 a lot 4 10 a great deal 1 slightly 1 2 |
| 11b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de 0 1 2 3 4 5 6 7 8 not at all) Does your urinary problem make you feel depressed? How much does this bother you? | 8 9 | not at all |
| 11b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de 0 1 2 3 4 5 6 7 8 not at all) Does your urinary problem make you feel depressed? How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de | eal) | not at all 1 slightly 2 moderately 3 a lot 4 10 a great deal not at all 1 slightly 2 moderately 3 very much 4 |
| 11b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de 0 1 2 3 4 5 6 7 8 not at all) Does your urinary problem make you feel depressed? How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great de | 8 9 | not at all |

| 13a. | Does your urinary problem make you feel anxious or nervous? | |
|--------------|---|--|
| | | not at all 1 |
| | | slightly 2 |
| | | moderately 3 |
| | | very much 4 |
| 13b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) | |
| | | 40 |
| | 0 1 2 3 4 5 6 7 8 9 not at all | 10 a great deal |
| | | a great aca. |
| 14a. | Does your urinary problem make you feel bad about yourself? | |
| 144. | 2000 your armary problem make you reer bad about yoursen. | not at all 1 |
| | | slightly 2 |
| | | moderately 3 |
| | | very much 4 |
| 14b. | How much does this bother you? | |
| | Please ring a number between 0 (not at all) and 10 (a great deal) | |
| | 0 1 2 3 4 5 6 7 8 9 not at all | 10 a great deal |
| | Hot at all | a great dear |
| | | |
| 150 | Doos your urinamy problem affect your sleen? | |
| 15a. | Does your urinary problem affect your sleep? | never 1 |
| 15a. | Does your urinary problem affect your sleep? | never 1 sometimes 2 |
| 15a. | Does your urinary problem affect your sleep? | |
| 15a. | Does your urinary problem affect your sleep? | sometimes 2 often 3 |
| 15a. 15b. | How much does this bother you? | sometimes 2 often 3 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) | sometimes 2 often 3 all the time 4 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 | sometimes 2 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) | sometimes 2 often 3 all the time 4 |
| 15b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all | sometimes 2 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 | sometimes 2 often 3 all the time 4 10 a great deal |
| 15b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all | sometimes 2 often 3 all the time 4 10 a great deal |
| 15b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all | sometimes 2 often 3 all the time 4 10 a great deal never 1 sometimes 2 |
| 15b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all | sometimes 2 |
| 15b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all Do you feel worn out/tired? How much does this bother you? | sometimes 2 often 3 all the time 4 10 a great deal never 1 sometimes 2 |
| 15b. 16a. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all Do you feel worn out/tired? | sometimes |
| 15b. 16a. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all Do you feel worn out/tired? How much does this bother you? | sometimes |

Do you do any of the following? If so, how much?

| 17a. | Wear pads to keep dry? | |
|------|---|--|
| | | never 1 |
| | | sometimes 2 |
| | | often 3 |
| | | all the time 4 |
| 17b. | How much does this bother you? | |
| | Please ring a number between 0 (not at all) and 10 (a great deal) | |
| | | 9 10 |
| | not at all | a great deal |
| | | |
| 18a. | Be careful how much fluid you drink? | never 1 |
| | | , <u>=</u> |
| | | |
| | | often 3 |
| 18b. | How much does this bether you? | all the time4 |
| TOD. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) | |
| | | 9 10 |
| | not at all | a great deal |
| | | |
| | | |
| 19a. | Change your underclothes when they get wet? | |
| 19a. | Change your underclothes when they get wet? | never 1 |
| 19a. | Change your underclothes when they get wet? | never 1 sometimes 2 |
| 19a. | Change your underclothes when they get wet? | |
| | | sometimes 2 |
| 19a. | How much does this bother you? | sometimes 2 often 3 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) | sometimes 2 often 3 all the time 4 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) | sometimes 2 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 | sometimes 2 often 3 all the time 4 |
| | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all | sometimes 2 |
| 19b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 | sometimes 2 |
| 19b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all | sometimes 2 often 3 all the time 4 9 10 a great deal |
| 19b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all | sometimes 2 often 3 all the time 4 9 10 a great deal |
| 19b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all | sometimes 2 often 3 all the time 4 9 10 a great deal never 1 sometimes 2 |
| 19b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all Worry in case you smell? How much does this bother you? | sometimes 2 often 3 all the time 4 9 10 a great deal never 1 sometimes 2 often 3 |
| 19b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all Worry in case you smell? How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) | sometimes |
| 19b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) 0 1 2 3 4 5 6 7 8 9 not at all Worry in case you smell? How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) | sometimes 2 often 3 all the time 4 9 10 a great deal never 1 sometimes 2 often 3 |

| 21a. | Get embarrassed be | ecause | of yo | ur uri | nary p | roble | em? | | | |
|------|---|---------|--------|--------|----------|-------|-------|--------|-------|----------------|
| | | | | | | | | | | never 1 |
| | | | | | | | | | | sometimes 2 |
| | | | | | | | | | | often 3 |
| | | | | | | | | | | all the time 4 |
| 21b. | How much does this Please ring a number | | | | all) and | d 10 | (a gr | eat d | eal) | |
| | | 0 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 10 |
| | not a | at all | | | | | | | | a great deal |
| | | | | | | | | | | |
| 22. | Overall, how much | do urin | ary s | ympto | ms int | terfe | re wi | th yo | ur ev | veryday life? |
| | Please ring a number | r betwe | en 0 (| not at | all) and | d 10 | (a gr | eat de | eal) | |
| | 0 | 1 | 2 3 | 3 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | not at all | | | | | | | | | a great deal |

© KHQ

Thank you very much for answering these questions.