Timetable for UG subspecialty training in Oxford

**Monday**

**AM –** Colorectal/ urogynae MDT 1:4, Admin

**PM** – GOPD (NP - urogynae and general gynae

**Tuesday**

**AM** –Theatre list (SJ or HJ –able to “cherrypick” between theatres)

**PM** - Theatre list (SJ or HJ –able to “cherrypick” between theatres)

**Wednesday**

**AM** – GOPD (SJ - urogynae and general gynae)

**PM –** Pelvic floor clinic or MDT

**Thursday**

**AM –** Theatre list NP

**PM** – Theatre list NP

**Friday**

**AM** – Urodynamics (CNS) or modular work/research/teaching

**PM** – Urodynamics (CNS) or modular work/research/teaching

Rota

* Usually supernumerary/not required for service provision but varies according to rota gaps
* 1:9 resident full shift on call pattern, busy unit with approx. 10000 deliveries a year. Rolling rota with fixed leave.

**MDTs**

**Urogynaecology –** held every two weeks (Wed PM). Attended by 3 consultants, specialist nurses, physiotherapists, SST and fellow. All complex cases discussed.

**Pelvic floor –** held once a month (Mon AM).Attended by Colorectal surgeons, urogynaecology, specialist nurses, radiologist.

**Modular training**

Usually arranged on an ad hoc basis to enable follow up of interesting pathology throughout the three year training programme.

Training opportunities have included:

* Close relationship with large functional colorectal department (observing anorectal physiology, endoanal ultrasound, pelvic floor imaging, surgery for functional problems including rectopexy, SNS
* Joint operating list with colorectal team once every 2 months (joint pelvic floor work, complex endometriosis)
* Large urology department with cases observed on ad hoc basis (stenting, ureteric reimplantation)
* Time spent at Stoke Mandeville National Spinal Injury Unit (neuropathic bladders)
* Time spent at Bristol Urological Institute (complex urodynamics, video, ambulatory)
* Masterclass at UCH observing complex urology/urogynae surgery (urethral diverticula, VVF)
* Care of the elderly clinics at JRH (consultant physician with special interest in continence in the elderly)
* Paediatric/developmental clinics at JRH (joint gynaecology/urology)
* Complex endometriosis work at JRH (stenting, ureteric dissection)
* Laparoscopic mesh removal work at JRH (retropubic dissection)